



National Heart Group... CPR+AED Course

National Heart Group will train us in CPR and AED programs which are designed to give you the confidence to respond in an emergency situation with skills that can save a life.

Cardiopulmonary resuscitation (CPR) and defibrillation, provided immediately after sudden cardiac arrest, can significantly increase a victim's chance of survival. In fact, for every minute that nothing is done to resuscitate the victim, the chance of survival drops by 7-10%.

In an effort to get more people trained in CPR and the use of Automated External Defibrillator (AED), National Heart Group is offering an affordable CPR+AED training program that will equip participants with the necessary life-saving skills and confidence to respond during cardiac emergencies.

At least one person from every household should know these life-saving skills.

Training at St. Sophia Fellowship Hall.

Date: March 4, 2010

Time: 6:00pm (sharp)– 9:00pm

Course Fee: \$60.00

For more information or to sign up for the CPR+AED Certification please call Peter Pappas @438-8155, or the church office at 489-4442..you must be on time or we will be assessed a fee..